

Tours of Manuel Antonio 2014

*All tours are per person, based on the adult rates.
Many tours also have child rates:*

*Manuel Antonio National Park Tour
ATV Tour
Canopy Safari Zipline Tour
Carara Biological Reserve
Ocean King Catmaran Tour
Countryside Bird Watching Tour
Damas Island Mangrove Boat Tour
Damas Island Mangrove Kayak Tour
Night Kayak Adventure Damas Island
Snorkeling & Coastal Kayak Tour
White Water River Rafting Naranjo River Class 3-4
White Water River Rafting Savegre River Class 2-3
Horseback Riding Tocori Waterfalls
Horseback Beach Riding
Surf Lesson
Fresh Water River Fishing
SPORTFISHING (Offshore, Inshore – Full Day, Half Day)
32' Hatteras Blue Pearl II (Blue Pearl Sportfishing - Offshore
32' Hatteras Blue Pearl II (Blue Pearl Sportfishing) - Inshore
27' Boat - Inshore Fishing (Pez Rey Pescadores)
33' Dawson Pez Espada (Canopy Safari)
46' Caribsea
34' Topaz Sea Quester*

All prices are subject to change without notice. Please ask your Travel Consultant for the most current tour pricing.





Manuel Antonio National Park Tour

STYLE: Adventure & Family

This is Costa Rica's most famous national park and is the most popular tour in the area!

Have an experienced naturalist guide take you on an informative hike through the park. You will walk through the rainforest while hearing the ocean's waves crash in the distance. The guides know where you are most likely to encounter sloths, monkeys, tropical birds and more! They will also provide a great deal of information on the history, flora and fauna during this relaxed 2.5 - 3 hour walk. Walking trails are fairly easy to navigate.

Park is closed on Mondays.

Included: transportation from/to your hotel, park entrance, snacks, beverages, & bilingual guide.

DURATION: AGE: INTENSITY:

4h

ALL



Rate per person:

\$60

ESSENTIALS:

Camera, t-shirt, shorts, tennis shoes, insect repellent & sunblock.

ATV Tour Manuel Antonio

STYLE: Adventure & Family

Hop on your all-terrain vehicle to experience the primary rainforest like you've never seen it before! You will begin your tour with a safety lesson from your bilingual guide as well as a practice run on the ATV.

Then you will head into the rainforest and pass by lush rainforest, breathtaking mountain views, all while looking for exotic animals.

Your tour guide will take you through rustic, unpaved roads, giant African Palm Plantations, cattle farms, and typical towns such as Naranjito. Make a pitstop to hike down to a waterfall where you will have a chance to swim in the refreshing crystal clear water.

Must be 16 years old to drive the ATV.

Included: lunch, transportation from/to your hotel, vehicle, helmets & drinks.



DURATION: AGE: INTENSITY:

3.5h

6+



Rate per person:

\$99

\$129 for 2 on 1 ATV

ESSENTIALS:

Tennis shoes, bathing suit, towel, sunblock, camera & sunglasses.



Canopy Safari Zipline Tour

STYLE: Adventure & Family

One of the most adventurous tours in the area! The trip begins with an amazing drive through the tropical rainforest looking for wildlife. Upon arrival at the Ranch House, you will have a quick safety lesson from your bilingual guide and will be suited in a harness. You will then sail through the treetops of the rainforest canopy. The tour includes 21 platforms, 9 exhilarating ziplines, 1 suspension bridge, a 'Tarzan Swing', and 3 rappel lines. You are guaranteed a thrilling adventure!

Weight limit: 230 lbs. Children that are 5 years old may be strapped with the tour guide.

Included: breakfast or lunch, transportation from/to your hotel, drinks, ACCT trained/bilingual guide, butterfly garden and snakes exhibits.

DURATION: AGE: INTENSITY:

5h

5+



Rate per person:

\$75

ESSENTIALS:

Closed shoes or sneakers, shorts, sunscreen, bug spray, camera.

Carara Biological Reserve

STYLE: Nature

The Carara Biological Reserve is located 1.5-hours from Quepos. On the way to the park, you will stop at the Tarcoles bridge adjacent to the park which is home to the second largest crocodiles in the world!

Once inside the park, enjoy a 2.5-hour hike with a naturalist guide through one of the most bio-diverse areas of Costa Rica. This is a great place to spot some rare species of birds as well as monkeys and sloths.

This tour allows you to experience an interesting topography lined with rice fields, African palm plantations, and cattle ranching, all while bordering some of Costa Rica's most famous Pacific beaches.

Included: lunch, transportation from/to your hotel, entrance fee, bilingual guide, snacks, water.



DURATION: AGE: INTENSITY:

7h

ALL



Rate per person:

\$99

(min 4 people)

ESSENTIALS:

Walking shoes, insect repellent, hat or visor & binoculars.



DURATION: AGE: INTENSITY:

4h

ALL



Rate per person:

\$80

ESSENTIALS:

Swimming suit, towel, sandals, sunblock, sunglasses, camera & hat.

Ocean King Catmaran Tour

STYLE: Family, Marine & Nature

Perfect for families, couples and friends, the Ocean King catamaran boat trip is a wonderful way to spend a few hours out at sea, soaking up the sun and snorkeling in the refreshing waters.

The spacious catamaran is a 100-ft long boat with 2 floors, so you will have plenty of space to spread out.

Enjoy the live music as you glide through the Pacific Ocean. You will look for dolphins that could swim by to say hi, and you will enjoy stunning views of the Manuel Antonio National Park. Spend some time snorkeling, sunbathing on the deck, and enjoy delicious drinks and snacks.

Included: lunch or dinner, transport from/to your hotel, fruits, snacks, drinks, cocktails, snorkeling gear.

Countryside Bird Watching Tour

STYLE: Nature & Family

With 300 species of birds to be found in the Manuel Antonio area, this is a 'must do' for all bird watchers!

Your day begins early, around 5:30am, when your guide will meet you at your hotel and drive you 40-minutes to the outskirts of Manuel Antonio where you will explore the primary and secondary forests to spot an array of birds in the area.

Your guide will be a wealth of information and will help you to observe birds such as toucans, parrots, tanagers, warblers, fly catchers, wrens, woodpeckers and wood creepers! You might even be lucky enough to catch a glimpse of the beautiful lapas.

Included: breakfast, transportation from/to your hotel, experienced bird watching guide, drinks & fruits.



DURATION: AGE: INTENSITY:

4.5h

ALL



Rate per person:

\$94

ESSENTIALS:

Comfortable cool clothes, comfortable shoes, hat, binoculars, camera, sunscreen & insect repellent.



Damas Island Mangrove Boat Tour

STYLE: Adventure, Nature & Family

Located at the edge of the rainforest and ocean, the mangroves are considered the 'kidneys' of the rainforest, as they filter salt water into fresh water. Your experienced guide will take you through acres of the protected, pristine Damas estuary.

Spot the caimans, sloths, crocodiles, boas, white face monkeys, egrets, and so many more species of wildlife, as your boat leisurely winds its way through the mangrove channels. After your boat tour, you will be rewarded with a meal in a typical Costa Rican 'hot spot' before you return to your hotel.

*Tour time is determined by the high tide.

Included: lunch or dinner, transportation from/to your hotel, bilingual guides and naturalists.

DURATION:

AGE:

INTENSITY:

Rate per person:

5h

ALL



\$65

ESSENTIALS:

Comfortable cool clothes, comfortable shoes, hat, binoculars, camera, sunscreen & insect repellent.

Damas Island Mangrove Kayak Tour

STYLE: Adventure, Nature & Family

Located at the edge of the rainforest and ocean, the mangroves are considered the 'kidneys' of the rainforest, as they filter salt water into fresh water. Your experienced guide will take you through acres of the protected, pristine Damas estuary.

Spot the caimans, sloths, crocodiles, boas, white face monkeys, egrets, and so many more species of wildlife, as you paddle your kayak leisurely through the mangrove channels. After you build up an appetite from kayaking, you will be rewarded with a meal in a typical Costa Rican "hot spot" before you return to your hotel.

*Tour time is determined by the high tide.

Included: lunch or dinner, transportation from/to your hotel, bilingual guides and naturalists.



DURATION:

AGE:

INTENSITY:

Rate per person:

5h

6+



\$65

ESSENTIALS:

Comfortable cool clothes, comfortable shoes, hat, binoculars, camera, sunscreen & insect repellent.



Night Kayak Adventure Damas Island

STYLE: Adventure, Nature & Family

Located at the edge of the rainforest and ocean, the mangroves are considered the 'kidneys' of the rainforest, as they filter salt water into fresh water. It's a completely different experience to observe the mangroves at night!

With specialized equipment, the highly-trained, bilingual guides will help you navigate through the nocturnal landscape. Paddle at your leisure and look for nocturnal species like the smoky jungle frogs, crab eating raccoons, boa constrictors, crocodiles and birds like White Ibis and herons.

*Tour time is determined by the high tide.

Included: dinner, transportation from/to your hotel, bilingual guides and naturalists.

DURATION:

AGE:

INTENSITY:

Rate per person:

5h

6+



\$65

ESSENTIALS:

Comfortable cool clothes, comfortable shoes, hat, binoculars, camera, & insect repellent.

Ocean Kayak Tour

STYLE: Adventure, Family & Marine

A more challenging kayak tour, you will meet at the edge of the beach a few miles outside of Quepos. You will head out along the coast and your tour guide will point out different parts of the coastlines and islands you can see in the distance.

You will look for wildlife along the coastline and be able to spot fish swimming below you. You will kayak to an island and return back to the coast. Enjoy a meal at the end of the trip at a local restaurant.

*Recommend to be in good physical condition

Included: lunch or dinner transportation from/to your hotel, bilingual guides, kayaks, snorkeling equipment, & refreshments.



DURATION: AGE: INTENSITY: Rate per person:

5.5h

6+

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\$65

ESSENTIALS:

Shoes that can get wet, swimsuit & shorts of a quick-drying material, sunscreen, towel & change of clothes.



DURATION: AGE: INTENSITY: Rate per person:

5h

6+

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\$65

ESSENTIALS:

Shoes that can get wet, swimsuit & shorts of a quick-drying material, sunscreen, towel & change of clothes.

Snorkeling & Coastal Kayak Tour

STYLE: Adventure, Family & Marine

A more challenging kayak tour, you will meet at the edge of the beach a few miles outside of Quepos. You will head out along the coast and your tour guide will point out different parts of the coastlines and islands you can see in the distance.

You will kayak to a great snorkel location where you will be able to cool off in the ocean! This is a great opportunity to see beautiful fish and other marine wildlife. After snorkeling, you will get back on the kayak and return back to the coast. Enjoy a meal at the end of the trip at a local restaurant.

*Recommend to be in good physical condition

Included: lunch or dinner transportation from/to your hotel, bilingual guides, kayaks, snorkeling equipment, & refreshments.

White Water River Rafting Naranjo River Class 3-4

STYLE: Adventure, Nature & Sports

The Naranjo River is one of the more intense rafting rivers on the Pacific Coast. You'll be picked up at your hotel and brought to the nearby river. After your tour guide reviews the safety instructions, you'll fight through the intense rapids.

The Naranjo drops from the mountains above Quepos, through a beautiful jungle gorge and takes you on a wild ride to sea level, passing nearby farmlands and palm plantations.

Naranjo River Class 3-4 (mid-May to mid-Dec)

Naranjo River Chorro Class 4-5 (Jan to Apr) - \$85pp

Includes: transportation from/to your hotel, equipment, bilingual guide, and snacks.



DURATION: AGE: INTENSITY: Rate per person:

4.5h

10+

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\$65

ESSENTIALS:

Water sandals or water shoes, bathing suit, sunscreen, bug spray, towel, t-shirt & hat.



White Water River Rafting Savegre River Class 2-3

STYLE: Adventure, Nature & Sports

The Savegre River provides Class 2-3 rapids and is one of the cleanest rivers in Central America. Your trained tour guide will help navigate you through the rapids and will stop along the river at locally known swimming spots and breathtaking waterfalls.

On most trips, rafters will observe egrets, osprey, toucans, parrots, kingfishers, cormorants, and many other species local to this protected area of the primary tropical rainforest. After a steady 13-mile trip down the river, you will head to the local village of "Silencio" to enjoy a well-deserved hot lunch (Tico style) and local refreshments.

Included: lunch, transportation from/to your hotel, bilingual guides, snacks, & drinks.

DURATION: AGE: INTENSITY:

8h

8+



Rate per person:

\$95

ESSENTIALS:

Water sandals or water shoes, bathing suit, sunscreen, bug spray, towel, t-shirt & hat.

Horseback Riding Tocori Waterfalls

STYLE: Family, Adventure & Nature

Enjoy learning about Costa Rica's exotic plants and rare wildlife as you ride through the tropical jungle and private ecological reserve at Tocori, a short distance away from Manuel Antonio.

After a relaxing 1-hour ride through the tropical rainforest, leave your horses on the trail as your guide will lead you on a hike to a stunning waterfall. Take a refreshing dip in the pristine waterfall before returning back to your horse. After you return the horse back to the farm, a delicious meal will be waiting for you at a local restaurant.

Max weight for this tour: 230 pounds

Included: lunch, transportation from/to your hotel, bilingual guides, safety equipment, snacks & refreshments.



DURATION: AGE: INTENSITY:

5h

6+



Rate per person:

\$65

ESSENTIALS:

Comfortable clothes, sunscreen, bug spray, swim suit & extra clothes.



Horseback Beach Riding

STYLE: Family, Adventure & Nature

The adventure begins at a local ranch where you will meet your horse for the day. Your tour guide will explain the safety tips and how to ride the horse. You will ride your horse along the pristine coastline, looking for birds and hearing the waves crash on the beach. You'll take a break along the way where you can hike a little and take a refreshing dip in the warm ocean waters. You'll return back to your horse to ride back to the ranch. Enjoy a warm meal before returning to your hotel.

Max weight: for this tour: 230 pounds.

Included: lunch, transportation from/to your hotel, bilingual guides, safety equipment, snacks & refreshments.

DURATION: AGE: INTENSITY:

5h

6+



Rate per person:

\$75

ESSENTIALS:

Comfortable clothes, sunscreen, bathing suit, bug spray & extra clothes.

Surf Lesson

STYLE: Adventure & Sports

With the impressive rainforest all around you and one of the prettiest and cleanest beaches in Central America, Manuel Antonio is a great place to practice your surf skills!

If you are a beginner, you will use a softboard that will enable you to learn in a safe and easy way. If you are more of an intermediate level, choose from a selection of top quality boards that are suitable for all levels and sizes.

Start your lesson with a demonstration on the beach, where your bilingual instructor will show you the correct body and board position. Once you feel comfortable, you'll try your new skills in the water!

Included: transportation, surf boards, instructors, lounge chairs, umbrellas, water and tropical fruit.



DURATION:	AGE:	INTENSITY:	Rate per person:
4h	4+		\$55

ESSENTIALS: Swimsuit, comfortable clothes, sunglasses, hat & sun screen.



Fresh Water River Fishing

STYLE: Adventure & Nature

Fish the lowland rivers of Costa Rica for a wide variety of species including snook, snapper, mojarra, grunts, and the hard fighting machaca.

Fishing is done by drift boat and at times on foot in this serene and beautiful environment just outside of Quepos.

Expert fly fishing guide Justin Kraus will guide you down the river and point out the top fishing hole.

Depending on the season you can use super light tackle or go fly-fishing.

All guides are bilingual and have current Red Cross CPR and First Aid training.

Included: lunch, hotel pick up/drop off, beverages, tackle & bait.

DURATION:	AGE:	INTENSITY:	Rate per tour:
4.5h	ALL		\$375

ESSENTIALS: Sunglasses, hat, sun block, quick drying clothes, shoes or sandals that can get wet & camera.

(1-2 People)

Sportfishing Tour #1

32' Hatteras Blue Pearl II

Experience the excitement of world class sportfishing! Manuel Antonio, often referred to as the 'fishing capital' of Costa Rica, is the launch point for some of the best fishing in the world.

Enjoy your day on a 32' Hatteras Blue Pearl II with Penn International rods & reels and a first class crew. You'll head offshore to a pre-determined fishing spot to try to catch marlin, sailfish, tuna, mahi-mahi, and more! Types of fish depends on the season.

*Fishing licenses are not included and are to be paid at the pier.

*Transportation available but not included.

Included: lunch, fresh fruit, soft-drinks, water, beer, and all tackle, bait & equipment.



DURATION:	AGE:	INTENSITY:	Full day:
8h	5+		\$1200

ESSENTIALS: Sunblock, sunglasses, hat, light clothing & light jacket.



Sportfishing Tour #2

32' Hatteras Blue Pearl II

Enjoy your day on a 32' Hatteras Blue Pearl II with Penn International rods & reels and a first class crew. Captain Cristian is one of the most respected in Quepos and has 20+ years of experience fishing here.

You'll head to a pre-determined fishing spot inshore to try to catch roosterfish, grouper and more using live bait. Types of fish depend on the season.

*Fishing licenses are not included and are to be paid at the pier.

*Transportation available but not included.

Included: snacks, fresh fruit, soft-drinks, water, beer, and all tackle, bait & equipment.

DURATION: AGE: INTENSITY: Half day Inshore:

4h 5+ ⚡ \$900

ESSENTIALS: Sunblock, sunglasses, hat, light clothing & light jacket
Based on 4 pax

Sportfishing Tour #3

27' Boat - Inshore Fishing

The in-shore fishing is strong all year round and offers different species during different times of the year. Your guide for the day will be the legendary Pepsi, who is renowned for his ability to put clients on fish. His 27' Super Panga is the perfect boat for in-shore fishing as it can get into the surf and closer to the rocks than other boats. It allows maximum 3 people on the boat.

Fish for roosterfish, jacks, wahoo, barracuda, snapper, grouper, and snook. Types of fish vary depending on the season.

Please note that fishing licenses are to be paid at the pier.

Included (full day): lunch, hotel pick up/drop off, beverages, tackle, bait, snacks.



DURATION: AGE: INTENSITY: Full day: 8h 5+ ⚡ \$695

ESSENTIALS: Sunblock, sunglasses, hat, light clothing & light jacket. Half day: \$425



Sportfishing Tour #4

33' Dawson Pez Espada

Experience the world class sport fishing in the clear blue waters off Quepos, Costa Rica!

Enjoy the day on your spectacular 33' Dawson, the Pez Espada. The boat comes with U.S. Coast Guard approved equipment, new twin diesel engines with a cruising speed 23 knots, full electronics, outriggers, fighting chair, live bait well, tuna tubes, and a full cabin with bed & marine toilet. Captain Eugenio "Roco" Ramirez is local to the area and has been in the sport fishing business for over 20 years.

Please note that fishing licenses are to be paid at the marina. Offshore fishing only available for full day tours.

Included (full day): lunch, transportation from/to your hotel, snacks, soft-drinks, water, beer, and all tackle, bait, & equipment.

DURATION: AGE: INTENSITY: Full day: 8h 5+ ⚡ \$1350

ESSENTIALS: Sunblock, sunglasses, hat, light clothing & light jacket
Half day: \$750

Sportfishing Tour #5

46' Carib Sea

Enjoy the world class fishing that Costa Rica has to offer on Quepos's most luxurious boat. The Carib Sea is a 46' Guthrie Fly-Bridge that comes with tuna tower, 14' beam, full Raymarine electronics, Lee outriggers, fighting chair, and an air-conditioned salon for comfort. Captain Orlando and mate Roberto have been fishing since childhood and are one of the most respected crews in Costa Rica.

*Fishing licenses are not included and are to be paid at the pier.

*Transportation not included to the marina

*Price based on 1-8 pax

Included (full day): lunch, all bait, tackle (Penn & Shimano conventional, Sage fly rods & Billy Pate/Tibo fly reels), gas, snacks & drinks (beer/water/soda).



DURATION: AGE: INTENSITY:

8h

5+

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Full Day:

\$1750

ESSENTIALS:

Sunblock, sunglasses, hat, light clothing & light jacket



DURATION: AGE: INTENSITY:

8h

5+

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Full day:

\$1150

ESSENTIALS:

Sunblock, sunglasses, hat, light clothing & light jacket.

Half day: \$800

Sportfishing Tour #6

34' Topaz Sea Quester

Spend a day on the 34' Topaz which comes with a large shaded sitting area and a salon a full bathroom, and air-conditioning. The boat is powered by twin 370 hp Cummins diesels and fishing equipment that includes full electronics (chart plotter and GPS), tuna tower, and a fighting chair. Captain John from Colorado and mate Jorge have years of experience fishing together in Quepos.

*Fishing licenses are not included and are to be paid at the pier. Fullday Inshore fishing is also available

*Transportation available but not included

*Max 6 people

Included (full day): lunch &, snacks, drinks (beer/water/soda).

Additional Info:

TOUR DURATION

Stated tour duration time is approximately the length of the tour and the transportation time to and from the activity. Depending on the location of your accommodation in Manuel Antonio area, these times may vary.

TIPS FOR TIPPING

Tipping is a personal choice, but you should know that most people who work in tourism here depend on tips as part of their income. While it's not expected; it's definitely very much appreciated. The amount you tip is based on the length of your tour as well as the service of your guides. For a short , half-day or less tour \$3-\$5/person is sufficient. For a longer or full-day tour \$7-\$10/person would be appropriate

FISHING

It is customary to tip 10% the cost of the fishing trip for exceptional service. License are not included in the rates but will need to be purchased at the marina the day of the fishing trip. The types of fish available depend on the season.